

**TFSD Curriculum Calendar 2009-2010**  
**Grade 8<sup>th</sup> Subject Physical Education**

| <b>Skill or Concept</b>  | <b>State Standard</b> | <b>District P.S. #</b> | <b>Topic, Task, Content</b>  | <b>Projected Window</b> |
|--|-----------------------|------------------------|--|-------------------------|
| <b>LABOR DAY – NO SCHOOL</b>   |                       |                        |  |                         |
| <ul style="list-style-type: none"> <li>• Establish baseline fitness levels for the five components of fitness testing.</li> </ul>  | #4                    |                        | <ul style="list-style-type: none"> <li>• Fitness testing</li> </ul>  | Aug. 31-Sept. 11        |
| <ul style="list-style-type: none"> <li>• Students will demonstrate proper footwork pertaining to dribbling, passing, and scoring.</li> </ul>   | #1                    |                        | <ul style="list-style-type: none"> <li>• Soccer/speedball</li> </ul> | Sept. 14-Sept. 30       |
| <ul style="list-style-type: none"> <li>• Students will understand techniques involved with passing, receiving, blocking, and defending.</li> </ul>                                     | #2                    |                        | <ul style="list-style-type: none"> <li>• Flag football</li> </ul>    | Oct. 5-Oct. 23          |
| <ul style="list-style-type: none"> <li>• Students will participate in Frisbee activities and understand the benefits of health, social interaction, and enjoyment for life.</li> </ul> | #3                    |                        | <ul style="list-style-type: none"> <li>• Frisbee</li> </ul>          | Oct. 26-Nov. 13         |
| <ul style="list-style-type: none"> <li>• Improve fitness levels for the five components of fitness testing</li> </ul>  | #4                    |                        | <ul style="list-style-type: none"> <li>• Fitness testing</li> </ul>  | Nov. 16-27              |
| <ul style="list-style-type: none"> <li>• Students will work cooperatively in a team environment.</li> </ul>  | #5                    |                        | <ul style="list-style-type: none"> <li>• Volleyball</li> </ul>       | Nov. 30-<br>Dec. 17     |
| <ul style="list-style-type: none"> <li>• Students will work cooperatively in a team environment.</li> </ul>  | #5                    |                        | <ul style="list-style-type: none"> <li>• Basketball</li> </ul>       | Jan. 4-22               |

|   |        |  |   |                 |
|---|--------|--|---|-----------------|
| <ul style="list-style-type: none"> <li>• Students will work on hand eye coordination along with side to side movement.</li> </ul>   | #1     |  | <ul style="list-style-type: none"> <li>• Pickleball</li> </ul>        | Jan. 25-Feb. 11 |
| <ul style="list-style-type: none"> <li>• Students will understand and demonstrate correct player positioning and techniques of hockey.</li> </ul>   | #2     |  | <ul style="list-style-type: none"> <li>• Hockey</li> </ul>            | Feb. 16-Mar. 5  |
| <ul style="list-style-type: none"> <li>• Students will perform proper techniques pertaining to badminton (serving, lob, drop shot, smash, clear, etc.)</li> </ul>   | #1     |  | <ul style="list-style-type: none"> <li>• Badminton</li> </ul>         | Mar. 8-Mar. 26  |
| <ul style="list-style-type: none"> <li>• Students will be able to demonstrate the ability to work with a team, along with jumping, throwing and blocking techniques.</li> </ul>   | #1, #5 |  | <ul style="list-style-type: none"> <li>• Team Handball</li> </ul>     | Mar. 29-Apr. 16 |
| <ul style="list-style-type: none"> <li>• Students will improve fitness levels for the five components of fitness testing.</li> </ul>  | #4     |  | <ul style="list-style-type: none"> <li>• Fitness Testing</li> </ul>   | Apr. 19-Apr. 30 |
| <ul style="list-style-type: none"> <li>• Students will demonstrate running, jumping, throwing skills related to various track and field events.</li> <li>• Students will understand the benefits and enjoyment of running.</li> </ul> | #1, #4 |  | <ul style="list-style-type: none"> <li>• Track &amp; Field</li> </ul> | May. 3-May 14   |
| <ul style="list-style-type: none"> <li>• Students will improve fitness levels for the five components of fitness testing.</li> </ul>  | #4     |  | <ul style="list-style-type: none"> <li>• Fitness Testing</li> </ul>   | May. 17-28      |